2023 Health Awareness Calendar

January 2023

SunSmart Skin Cancer Awareness Month	
4	World Braille Day
29	World Leprosy Day

February 2023

Healthy Lifestyle Awareness Month	
Reproductive Health Month	
Environmental Health Awareness Month	
4	World Cancer Day
6-10	Pregnancy Awareness Week
12-16	STI\Condom Week
13	International Epilepsy Day
13-17	National Epilepsy Week
17	Health Lifestyle Awareness Day
20 Feb- 31 Mar	Human papillomavirus (HPV) vaccination first round

March 2023

TB Awareness Month	
3	World Hearing Day
3	World Birth Defects Day
4	World Obesity Day
12-18	World Glaucoma Week
8	International Women's Day
13-19	World Salt Awareness Week
9	World Kidney Day
12	World Glaucoma Day
20	World Head Injury Awareness Day
21	Human Rights Day
21	World Down Syndrome Day
24	World TB Day

April 2023

Health Awareness Month	
2	World Autism Awareness Day
7	World Health Day
17	World Haemophilia Day
24-30	African Vaccination Week
25	World Malaria Day

May 2023

Anti-tobacco Campaign Month	
Burns Awareness Month	
International Multiple Sclerosis Month	
7-13	**Hospice Week**
5	**World Hand Hygiene Day**
5	**International Midwives Day**
6-12	**National Burns Awareness Week**
8	**World Red Cross Day**
10	**Global Move for Health Day**
12	**International Awareness Day for Chronic Immunological and Neurological Diseases**
12	**International Nurses Day**
15 May-15 Jun	**Go Turquoise for the Elderly Campaign**
17	**World Hypertension Day**
28	**International Day of Action for Women's Health**
29 May-5 June	**Child Protection Week**
31	**World No Tobacco Day**

June 2023

Men's Health Month	
National Blood Donor Month	
National Youth Month	
Go Turquoise for the Elderly Campaign	
1	**International Children's Day**
5	**World Environment Day**
4	**National Cancer Survivors Day**
7	**World Food Safety Day**
5-11	**World Heart Rhythm Week**
14	**World Blood Donor Day**
15	**World Elder Abuse Awareness Day**
16	**Youth Day**
26-30	**SANCA Drug Awareness Week**
25	**World Vitiligo Day**
26	**International Day against Drug Abuse and Illicit Trafficking**

July 2023

Mental Illness Awareness Month	
3-7	Corporate Wellness Week
11	World Population Day
18	Nelson Mandela International Day
28	World Hepatitis Day

August 2023

Bone Marrow Stem Cell Donation and Leukaemia Awareness Month (15 August to 15 October)	
National Women's Month	
Organ Donor Month	
Child Heath Month	
1-7	World Breastfeeding Week
1-7	Rheumatic Fever and Rheumatic Heart Disease Awareness Week
8-14	National Polio Week
9	National Women's Day
12	International Youth Day
26-31	African Traditional Medicine Week
31	African Traditional Medicine Day

September 2023

Albinism Awareness Month	
Bone Marrow Stem Cell Donation and Leukaemia Awareness Month (15 August to 15 October)	
Cervical Cancer Awareness Month	
Childhood Cancer Awareness Month	
Eye Care Awareness Month (20 September to 17 October)	
Muscular Dystrophy Awareness Month	
Heart Awareness Month	
National Month of Deaf People	
National Oral Health Month	
Pharmacy Month	
4 Sept- 31 Oct	**Human papillomavirus (HPV) vaccination second round**
4-8	**National Kidney Awareness Week**
9	**International Foetal Alcohol Syndrome Day**
10	**International Gynaecological Health Day**
14	**National Attention Deficit Hyperactivity Disorder Day**
15	**Sunflower Day**
17	**World Patient Safety Day**
18-24	**World Retina Week**
21	**World Alzheimer's Day**
24	**World Retina Day**
25	**World Pharmacist Day**
26	**World Environmental Health Day**
26	**World Contraception Day**
28	**World Rabies Day**
29	**World Heart Day**

October 2023

Attention Deficit Hyperactivity Disorder Month	
Bone Marrow Stem Cell Donation and Leukaemia Awareness Month (15 August to 15 October)	
Eye Care Awareness Month (21 September to 18 October)	
Breast Cancer Awareness Month	
Mental Health Awareness Month	
1	**International Day of Older Persons**
2-6	**Back Care Awareness Week**
9-15	**National Nutrition Week**
8-14	**National Case Management Week**
10	**World Mental Health Day**
12	**World Arthritis Day**
12	**World Sight Day**
12-20	**World Bone and Joint Week**
13	**International Day for Natural Disaster Reduction**
14	**World Hospice and Palliative Care Day**
15	**Global Handwashing Day**
16	**World Food Day**
16	**World Spine Day**
16	**World Restart A Heart Day**
16-20	**School Health Week**
17	**World Trauma Day**
17	**International Day for the Eradication of Poverty**
17	**National Emergency Medical Services Day**
18-20	**Rotary Family Health Day Campaign**
20	**National Down Syndrome Day**
20	**World Osteoporosis Day**
21	**Global Iodine Deficiency Disorders Prevention Day**
24	**World Polio Day**
22-28	**International Lead Poisoning Prevention Week**
28 Oct-3 Nov	**National Stroke Week**
29	**World Stroke Day**
30	**Africa Food and Nutrition Security Day**

November 2023

Quality Month	
Red Ribbon Month	
Disability Rights Awareness Month (3 November to 3 December)	
4	**National Children's Day**
6	**SACD Malaria Day**
8	**World Radiography Day**
9	**World Quality Day**
14	**World Diabetes Day**
17	**World Prematurity Day**
18-24	**World Antimicrobial Awareness Week**
25	**International Day for the Elimination of Violence against Women**
25 Nov-10 Dec	**16 Days of Activism for No Violence Against Women and Children**

December 2023

Prevention of Injuries Month	
SunSmart Skin Cancer Awareness Month (1 December to 31 January)	
1	**World AIDS Day**
3	**International Day of Persons with Disabilities**
5	**International Volunteer Day**
10	**International Human Rights Day**
12	**Universal Health Coverage Day**