



**health**

Department:  
Health  
REPUBLIC OF SOUTH AFRICA



## 2025 Health Awareness Calendar

### January 2025

#### SunSmart Skin Cancer Awareness Month

4	World Braille Day
26	World Leprosy Day

### February 2025

#### Healthy Lifestyle Awareness Month

#### Reproductive Health Month

3 Feb - 28 Mar	Human papillomavirus (HPV) vaccination first round
3 - 7	Pregnancy Awareness Week
3 - 7	STI\Condom Week
4	World Cancer Day
10	International Epilepsy Day
10 - 16	National Epilepsy Week
21	Healthy Lifestyle Awareness Day

## March 2025

### TB Awareness Month

3	World Hearing Day
3	World Birth Defects Day
4	World Obesity Day
8	International Women's Day
9 - 15	World Glaucoma Week
12	World Glaucoma Day
13	World Kidney Day
20	World Head Injury Awareness Day
21	Human Rights Day
21	World Down Syndrome Day
24	World TB Day

## April 2025

### Health Awareness Month

2	World Autism Awareness Day
7	World Health Day
17	World Haemophilia Day
24 - 30	African Vaccination Week
25	World Malaria Day

## May 2025

<b>Anti-tobacco Campaign Month</b>	
<b>Burns Awareness Month</b>	
<b>International Multiple Sclerosis Month</b>	
4 - 10	Hospice Week
5	World Hand Hygiene Day
5	International Midwives Day
5 - 9	National Burns Awareness Week
8	World Red Cross Day
10	Global Move for Health Day
12	International Awareness Day for Chronic Immunological and Neurological Diseases
12	International Nurses Day
12 - 18	World Salt Awareness Week
15 May - 15 Jun	Go Turquoise for the Elderly Campaign
17	World Hypertension Day
25 May - 1 Jun	Child Protection Week
28	International Day of Action for Women's Health
31	World No Tobacco Day

## June 2025

<b>Men's Health Month</b>	
<b>National Blood Donor Month</b>	
<b>National Youth Month</b>	
<b>Go Turquoise for the Elderly Campaign</b>	
1	International Children's Day
1	National Cancer Survivors Day
2 - 8	World Heart Rhythm Week
5	World Environment Day
7	World Food Safety Day
14	World Blood Donor Day
15	World Elder Abuse Awareness Day
16	Youth Day
22 - 27	SANCA Drug Awareness Week
25	World Vitiligo Day
26	International Day against Drug Abuse and Illicit Trafficking

## July 2025

### Mental Illness Awareness Month

1 - 5	Corporate Wellness Week
11	World Population Day
18	Nelson Mandela International Day
28	World Hepatitis Day

## August 2025

### Bone Marrow Stem Cell Donation and Leukaemia Awareness Month (15 August to 15 October)

### National Women's Month

### Organ and Tissue Donor Month

### Child Health Month

1 - 7	World Breastfeeding Week
1 - 7	Rheumatic Fever and Rheumatic Heart Disease Awareness Week
4 Aug - 28 Sept	Human papillomavirus (HPV) vaccination second round
9	National Women's Day
12	International Youth Day
26 - 31	African Traditional Medicine Week
31	African Traditional Medicine Day

## September 2025

<b>Albinism Awareness Month</b>	
<b>Bone Marrow Stem Cell Donation and Leukaemia Awareness Month (15 August to 15 October)</b>	
<b>Cervical Cancer Awareness Month</b>	
<b>Childhood Cancer Awareness Month</b>	
<b>Eye Care Awareness Month (20 September to 17 October)</b>	
<b>Muscular Dystrophy Awareness Month</b>	
<b>Heart Awareness Month</b>	
<b>National Month of Deaf People</b>	
<b>National Oral Health Month</b>	
<b>Pharmacy Month</b>	
1 - 5	National Kidney Awareness Week
9	International Foetal Alcohol Syndrome Day
10	International Gynaecological Health Day
14	National Attention Deficit Hyperactivity Disorder Day
17	World Patient Safety Day
19	Sunflower Day
21	World Alzheimer's Day
22 - 28	World Retina Week
25	World Pharmacist Day
26	World Environmental Health Day
26	World Contraception Day
28	World Retina Day
28	World Rabies Day
29	World Heart Day

## October 2025

<b>Attention Deficit Hyperactivity Disorder Month</b>	
<b>Bone Marrow Stem Cell Donation and Leukaemia Awareness Month (15 August to 15 October)</b>	
<b>Eye Care Awareness Month (21 September to 18 October)</b>	
<b>Breast Cancer Awareness Month</b>	
<b>Mental Health Awareness Month</b>	
1	International Day of Older Persons
9 - 15	National Nutrition Week
9	World Sight Day
10	World Mental Health Day
11	World Hospice and Palliative Care Day
12	World Arthritis Day
12 - 18	National Case Management Week
12 - 20	World Bone and Joint Week
13	International Day for Natural Disaster Reduction
13 - 19	School Health Week
15	Global Handwashing Day
16	World Food Day
16	World Spine Day
16	World Restart A Heart Day
17	World Trauma Day
17	International Day for the Eradication of Poverty
17	National Emergency Medical Services Day
20	National Down Syndrome Day
20	World Osteoporosis Day
21	Global Iodine Deficiency Disorders Prevention Day
24	World Polio Day
28 Oct - 3 Nov	National Stroke Week
29	World Stroke Day
30	Africa Food and Nutrition Security Day

## November 2025

<b>Quality Month</b>	
<b>Red Ribbon Month</b>	
<b>Disability Rights Awareness Month (3 November to 3 December)</b>	
1	National Children's Day
6	SADC Malaria Day
8	World Radiography Day
13 - 15	Rotary Family Health Day (RFHD)
13	World Quality Day
14	World Diabetes Day
17	World Prematurity Day
18 - 24	World Antimicrobial Awareness Week
25	International Day for the Elimination of Violence against Women
25 Nov - 10 Dec	16 Days of Activism for No Violence Against Women and Children

## December 2025

<b>Prevention of Injuries Month</b>	
<b>SunSmart Skin Cancer Awareness Month (1 December to 31 January)</b>	
1	World AIDS Day
3	International Day of Persons with Disabilities
5	International Volunteer Day
10	International Human Rights Day
12	Universal Health Coverage Day